

ASSOCIATE DEGREE IN NURSING

#THEZOWEWAY

ZoWe
VERPLEEGKUNDE

» ON THE COVER



Shannon Michaux

What motivated me to start the Associate Degree of Nursing program was my desire to make a difference in people's lives during challenging times. In doing so, I aim to provide high-quality care and carry out nursing procedures correctly and professionally.

ZoWe School of Nursing lives up to these expectations. On top of that, every student is paired with a personal coach.

Here, every student is one of a kind and is treated as a whole person.

ZoWe
VERPLEEGKUNDE



ASSOCIATE DEGREE IN NURSING

RIGHT FOR YOU?

Take the quiz!

- You're caring, empathetic, and outgoing.
- You thrive in teamwork.
- You're always ready to roll up your sleeves.
- You have a heart for people.
- Day after day, you want to provide high-quality nursing care.



Choose our associate degree program if you:

- want to learn the nursing profession in a highly hands-on way;
- didn't complete a bachelor's program in healthcare. Based on your prior learning and experience, we'll work with you to map out your study path;
- already work in healthcare and want to return to school to boost your job prospects;
- want to switch gears and move into the healthcare sector.

The program is designed to be flexible. You can choose from several study pathways. Our learning pathway advisors will work with you to find the option that fits you best. You can also pause at any time without losing the course units you've already completed.

You can start in September or February.

Once you've earned your first 60 credits, you'll already receive a certificate that lets you start working as a healthcare assistant. By the end of the program, you'll graduate with a diploma Associate Degree of Nursing - backed by strong theory and hands-on skills - ready to take on a wide range of challenges across different areas of care.



ZoWe
VERPLEEGKUNDE

WHY CHOOSE ZOWE SCHOOL OF NURSING



OUR STRENGTHS

- The ZoWe method is different—truly one of a kind. At ZoWe, you're at the heart of everything we do. We listen, and we help you grow by bringing out your talents and discover what makes you unique. Here, you'll develop from raw potential into someone who's fully grown into their strengths.
- Our biggest strengths? A one-of-a-kind coaching system, custom learning paths, hands-on training, ongoing assessment, a strong focus on people skills and teamwork, and a warm, person-centered culture,... #TheZoWeWay
- For more than 25 years, ZoWe School of Nursing has offered this associate degree program in the Bruges–Ostend/West Coast region.



THE FUTURE

» JOB SECURITY

You know what you're capable of. You feel ready for what's next.

You step into your future, skilled and well prepared. And employers notice it too.

Our outstanding reputation is recognized everywhere.

#ProudOfOurZoWeStudents

Want to keep studying? Our partner university college, HOWEST, offers a high-quality bridging program to a Bachelor's Degree in Nursing.

Lifelong learning

To keep the quality of your nursing practice up to date, lifelong learning matters.

That's why the school regularly offers continuing education courses and trainings in partnership with the ZoWe Training

www.zowevormingscentrum.be

TAILORED LEARNING PATHWAYS

"ZoWe offers several study pathways. Together, we'll figure out which one fits you best—tailored to you. The route may differ, but the goal is the same: becoming a nurse."

day

Periods of classroom learning alternate with clinical placements. During class weeks, you get a half-day off; during internship weeks, you follow your placement's schedule.

evening/ blended learning

Classes and internship run side by side. In-person sessions are combined with guided independent study, so you can balance your program with a part-time job.

taliz west

Throughout your day program, you'll focus on getting to know - and becoming part of - the West Coast care network. Classes take place in Veurne (AZ West) and Koksijde (the KEI). Internships are this region.

care portal

Still finding Dutch a bit challenging? This pathway offers extra language support - both in class and during your internship.

work-based learning

Already working as a healthcare assistant? With approval from the school and your employer, you can start this pathway. You'll attend classes at school 1 day a week; the rest takes place at your workplace with assignment-based learning.

individualized programme

Suitable for students following a formally adapted study programme, based on exemptions, professional experience or previously acquired competencies.

PROGRAM OVERVIEW

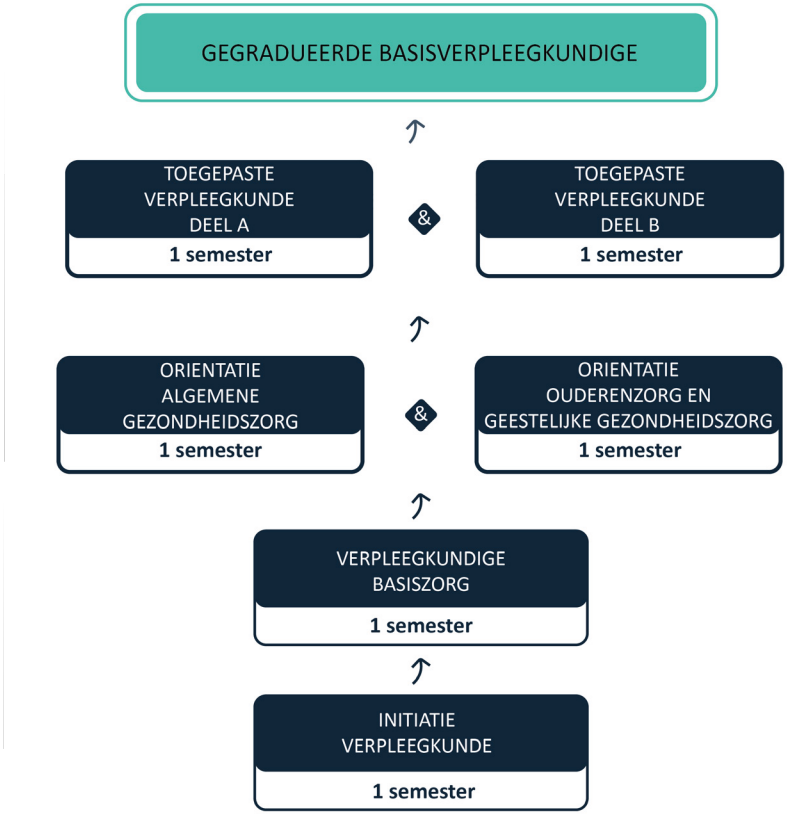
You can begin the program in September or February.

Our program totals 180 credits across six semesters. Half of that is dedicated to clinical placements and hands-on practice - so you build real experience on the job.

Over three years, you'll learn step by step how to deliver high-quality nursing care in a range of healthcare settings.

After one year, you can already earn the title of healthcare assistant. After three years, you graduate as a registered nurse.

more information about the programme:



HANDS-ON FROM DAY ONE



INTERNSHIPS

Clinical placements are a key part of the programme. They take up more than half of your study time and are spread evenly throughout the curriculum. Your internship instructor and the mentors at your site coach you closely in hands-on patient care. During your internships, you'll get to know a range of care settings. You can complete internships in hospitals, residential care centers, psychiatric units, home care... Already working in healthcare? Then you may be able to do (part of) your internships at your own workplace.

" Nursing is about the mind, the heart, and the hands. It's a vital combination—and one that truly lets you make a difference for patients. "

WORK-STUDY

In your final year, you have the opportunity to take part in a work-study internship. During this internship, a group of students takes on full, comprehensive care on a unit, with close guidance from mentors and internship instructors. A highly valuable experience that prepares you to step confidently into the workforce.



INTERNATIONAL INTERNSHIP

An international internship is also an option. You'll experience other cultures and discover different approaches to patient care.



FROM PRACTICE TO THEORY

Even in theory classes, hands-on practice takes center stage. Every concept starts with real-world situations. Content is selected based on how well it applies in the workplace.

SKILLS CENTER

Hands-on skills aren't learned only during internships - students also build them through simulation-based training in our well-equipped skills centers. You can practice there independently or with guidance.

WORKING WITH LIVED EXPERIENCE EXPERTS

ZoWe is a pioneer in partnering with people with lived experience in the programme: care recipients and family caregivers - people who know care inside and out from personal experience. By joining our classes, they give you, as a student, a unique and valuable opportunity to better understand what care truly means for the person receiving it and for their caregiver.

TAKE CHARGE OF YOUR LEARNING

Coaching & academic support

A personal coach supports your learning journey throughout the entire programme. Your coach points you in the right direction when needed, but you're the one who takes the steps. At your own pace, with plenty of freedom. They're the person who believes in your potential - who knows what you're capable of, even when you don't see it yet.

Study support is also available during tutoring sessions.

And you can always reach out to the study support team for extra, personalized help.

#StrongerTogether

Ongoing Assessment

ZoWe focuses on process-based assessment. That way, you keep moving forward in your learning journey, day by day.

Competency Portfolio

Every student has a digital student file. In it, instructors record feedback on your progress. This becomes the foundation for your final evaluation. You can check this file anytime, so you always know where you stand. You'll also use that feedback to keep improving and add your own updates on your progress.





"ZoWe is a school with a heart - where you have the time and space to grow and truly be yourself."

An inspiring learning environment

- We teach theory through a mix of engaging learning methods: interactive classes with a wide range of assignments, guided independent study...
- During the internships, every student receives weekly bedside coaching from the school.
- Through digital learning pathways, a personal school laptop and ZoWe TV, we provide digital tools that reinforce and enrich the coursework.
- Our modern campuses give you plenty of room to grow - from studying on your own to collaborating and practicing in realistic skills centers.



Admission requirements

You must be able to provide proof of a secondary school diploma, a certificate from the 2nd year of the 3rd degree of secondary school, or an equivalent credential. If you don't have that, you'll take an entrance exam. Have you already completed higher education (bachelor or master) in the human sciences? If so, you may be eligible for exemptions.



How much does the programme cost?

Enrollment in the associate nursing degree programme is free. You only pay for course materials and activities. If you're employed, you may be able to get part of the cost reimbursed through training vouchers or other government support programmes.

As a registered job seeker, you may be eligible to study through VDAB support.

For all information: www.wordverpleegkundige.be.



How do I enroll?

You can enroll any day at our campuses in Bruges and Ostend. Be sure to bring your secundary school diploma, and don't forget your ID card.

Still not sure? Feel free to attend one of our open days, or sit in on a class during an open class moment.

Partner: Howest University of Applied Sciences

ZoWe School of Nursing partners with Howest University of Applied Sciences (West Flanders). By working together, we combine our strengths and continue to raise the quality of nursing education in the region. This partnership also creates opportunities for you to continue your studies. ZoWe School of Nursing and Howest jointly award your associate degree diploma.

Find all information about Howest at www.howest.be.

howest / hogeschool



IN THEIR WORDS



STUDENT
INGE DENOO

"My experience with ZoWe School of Nursing has been extremely positive. In both the theory classes and the skills labs, everything is explained clearly and repeated as many times as needed. The material becomes much more engaging thanks to real-life cases from the field. You truly can't get closer to day-to-day reality in a classroom setting. Practical skills are also taught in every possible way: by practicing in the school's own skills centers, learning from people with lived experience, and of course during clinical placements or internships. There, you're checked in on weekly by an instructor who carries out a care task with you or quizzes you on the theory as you go.

CAREER CHANGE

I worked at a printing company, but after a few losses in my personal life, I felt ready for a new challenge. That's how I came across #kiesvoordezorg. Through this government programme, people from a completely different background can start working in healthcare - with an employment contract in hand and, therefore, a paycheck. I first heard about ZoWe School of Nursing through a friend who was already studying there and spoke very highly of it. After visiting an open day, I had a great feeling about it too, and I enrolled right away.

GREAT ATMOSPHERE

Studying at ZoWe School of Nursing is truly fascinating because you're in a classroom with people of all ages and nationalities. That creates an incredible energy and a wide range of perspectives. It's genuinely a warm school with a personal approach. You're treated with respect - not only by the instructors and school leadership, but also by the administrative and support staff. Everyone goes the extra mile to help you feel good and give you every chance to succeed. I can't recommend ZoWe School of Nursing strongly enough."



ALUMNA
EMMEKE WITDOUCK

"My time at ZoWe School of Nursing was unforgettable. The school felt like a warm place where I always felt welcome. I genuinely enjoyed going, thanks in large part to the great atmosphere and how involved the team was. What I appreciated most was the balance between classes and clinical placements or internships. That combination gave me not only the theory I needed, but also a lot of hands-on experience. The instructors and my personal coach played a key role in that. They're professionals with extensive real-world experience, which made the lessons incredibly valuable.

PERSONAL GROWTH

In my second year, I gained experience as a home care nurse. That's when I truly fell in love with caregiving, and to this day I still do the work with a lot of passion and dedication. ZoWe School of Nursing also gave me amazing opportunities to grow as a person. The highlight was my international internship in Gambia. That one-of-a-kind experience broadened my perspective on both healthcare and the world. After earning my diploma at ZoWe School of Nursing, I went on to complete a postgraduate program as a diabetes educator. In 2022, I then started a bridging programme to a Bachelor's degree in Nursing at Howest. Thanks to the strong foundation I got at ZoWe School of Nursing, I was able to take those steps with confidence.

THE FUTURE

Even though home nursing will always have a special place in my heart, it's time for a new challenge. I'll soon be starting at AZ Sint-Jan Brugge as a care consultant and diabetes educator. I look back on my time at ZoWe School of Nursing with deep gratitude, because from day one I was given the confidence to discover my strengths and develop them to the fullest."



CAMPUSES

BRUGES







Barrièrestraat 2d
8200 Brugge

050/97 75 55

info@zowe.be

OSTEND







Kanunnik Dr. Louis
Colensstraat 7
8400 Oostende

059/71 15 55

www.zowe.be



VISIT OUR CAMPUSES
AND EXPLORE OUR PROGRAMME

Follow us:



» INTERESTED IN OUR PROGRAMME?

Visit www.zowe.be to check out our open days, or schedule an open class, tour, or info session.

ZoWe VERPLEEGKUNDE howest hogeschool